



# Whats on at WiSE



## Chairrobics & Aerobics

Chairbased gentle exercise

Every Thursday  
The Engine Shed Wetherby

**£3**

Includes Refreshments

Why not Do  
Both Classes for £3

WETHERBY IN SUPPORT OF THE ELDERLY  
PRESENT

## WISERCISE

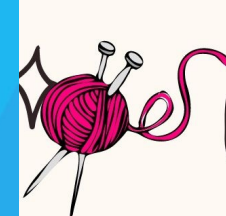
BOSTON SPA VILLAGE HALL

TUESDAYS  
FROM 10AM

Chairbased Exercise for the over 60's



**£3** includes Refreshments



## Knit Natter CRAFT & CHATTER

Boston Spa  
Village  
Hall

Thursday  
10.30am-12.30pm

Pop along & learn  
something new,  
brush up existing  
skills or bring your  
own project to  
work on, meet like  
minded people,  
enjoy a chat  
& a cuppa  
beginners welcome



**£3**

includes  
Refreshments

## Wise Warblers



Do you enjoy a good Sing a Long?  
2nd Weds in Each Month

10.30-12.30pm  
Walton Village Hall

**£3**

Join Liz & Reggie  
from Singtasia  
for an informal Sing a Long  
and a chat about all things  
music over a cuppa



## Move & Groove



Wednesday  
1pm - 2.30pm  
Walton Village Hall

**£3**

Join Kat for a Dance based exercise class,  
from Salsa to Bollywood, Disco to Freestyle  
and anything in between  
a fun and informal class and as always  
enjoy a cuppa afterwards



Wetherby in Support of the Elderly



## Line Dancing

Fridays 10.15am  
St Josephs  
Wetherby

**£3**

including  
Refreshments



contact Debbie on 01937 588994  
Debbie@W-ise.org.uk  
<https://www.w-ise.org.uk/>

For More Details Contact  
Debbie 01937 588994  
[activities@w-ise.org.uk](mailto:activities@w-ise.org.uk)

[www.w-ise.org.uk](http://www.w-ise.org.uk)



# WiSE

Wetherby in Support of the Elderly

# Elderberries

Monthly Social Event with  
Entertainment & Refreshments

**3RD WEDNESDAY OF EVERY  
MONTH**

**ST JOSEPHS CHURCH  
WETHERBY**

**1.30PM - 3.30PM**

**£3**



June  
Clayton Brooks  
Swing, Jazz & More



July  
Singtasia  
Liz & Reggie



August  
Ellen Roy  
50's 60's & Country



## Walton Jubilee Event

6th June

10.30am-2.30pm

Walton Village Hall

Join us for an extended coffee morning  
celebrating the Platinum Jubilee



Entertainment from  
Christopher & the Robins

Quiz, Raffle,  
Drinks and Sweet Treats  
will be available to purchase



No booking required.  
Pop in for an hour or stay all day



...to share love and happiness with an  
older person in your area

Wetherby in Support of the Elderly's 'Send A Smile' scheme helps to  
cut feelings of isolation and loneliness by asking people to spare 10  
minutes to send an older person some handmade post.

**It couldn't be easier to get involved**

**Visit [www.w-ise.org.uk/send-a-smile-scheme](http://www.w-ise.org.uk/send-a-smile-scheme)  
or scan the QR code.**



Jubilee  
Afternoon Tea



**Monday 30th May**

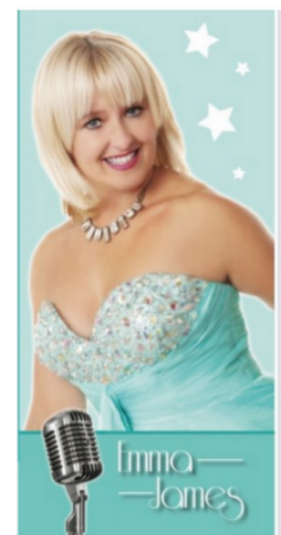
**1.30pm - 3.30pm**

**Boston Spa Village Hall**

**Tickets £5**

Join us for a  
Royal Afternoon

entertainment from  
Emma James



Tickets available to purchase from Activities,  
Wise Owl Cafe - Boston Spa,  
Contact 01937 588994 or email [activities@w-ise.org.uk](mailto:activities@w-ise.org.uk)

[www.w-ise.org.uk](http://www.w-ise.org.uk)



**WiSE**

Wetherby in Support of the Elderly