

DATE	EVENT	TIME	LOCATION	PRICE
Mon 3rd				
Tues 4th	Wise Pay-As-You-Feel Café & Kid's Activities - SEE BACK	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Wed 5th	NO Move & Groove			
Thurs 6th	Knit, Natter, Craft & Chatter - Painting Easter Planters	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 7th	GOOD FRIDAY			
	NO Line Dancing			
Mon 10th	EASTER MONDAY			
Tues 11th	Wise Pay-As-You-Feel Café & Kid's Activities - SEE BACK	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Wed 12th	NO Move & Groove			
	WiSE Memory Cafe	1.30pm - 3.30pm	The Church Rooms, St James' Church, Wetherby	£3 including refreshments - REFERRAL ONLY
Thurs 13th	Knit, Natter, Craft & Chatter - Spring Flower Light Bottles	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 14th	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 17th				
Tues 18th	Wise Pay-As-You-Feel Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Weds 19th	Move & Groove	1.00pm - 2.30pm	Walton Village Hall	£4 including refreshments
	Elderberries with Emma James	1.30pm - 3.30pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Thurs 20th	Knit, Natter, Craft & Chatter - Flower Fairies	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 21st	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 24th				
Tues 25th	Wise Pay-As-You-Feel Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Weds 26th	Move & Groove	1.00pm - 2.30pm	Walton Village Hall	£4 including refreshments
	WiSE Memory Cafe	1.30pm - 3.30pm	The Church Rooms, St James' Church, Wetherby	£3 including refreshments - REFERRAL ONLY
Thurs 27th	Knit, Natter, Craft & Chatter - Memo Peg Boards	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
	NEW! Tea Dance	1.30pm - 3.30pm	The Engine Shed, Wetherby	£4 including refreshments
Fri 28th	Line Dancing	10.15am - 12pm	St Joseph's Church Hall, Wetherby	£4 including refreshments



We look forward to welcoming you to our activities. Please help us deliver our services to the best of our ability and only arrive at our venues no more than 15 minutes before the event start time. If you are able to bring the correct change with you that would be a great help, too!

The **Wise Pay-as-you-Feel Café** is open to everyone, all ages, every Tuesday from 11.30am-1.30pm. It serves hot drinks, soup, rolls and cakes alongside games and activities in a warm, safe environment at Wetherby Town Hall. **On 4th & 11th April, we will have kids crafts, story time, books and the Easter Bunny / Ollie Beak in the room upstairs.**

Shake your pom poms for **Move & Groove**- a fun, informal dance-based exercise class with Kat at Walton Village Hall every Wednesday from 1pm-2.30pm. **PLEASE NOTE - NO SESSION ON 5th & 12th APRIL**

Get the Friday feeling and start the weekend with a bang with Julie at our popular **Line Dancing** class, every Friday from 10.15am-12pm at St Joseph's Church Hall, Wetherby. £4 including refreshments. **PLEASE NOTE - NO SESSION ON FRIDAY 7th DUE TO THE BANK HOLIDAY**

Knit, Natter, Craft & Chatter is every Thursday at Deepdale Community Centre between 10.30am-12.30pm. Feel free to bring your knitting or crochet too. £4 including refreshments.

Our entertainer for April **Elderberries** is Emma James! She will be performing on Wednesday 19th April between 1.30am-3.30pm at St Joseph's Church Hall, Wetherby. Entry is £4 per person, including refreshments.

The **WiSE Memory Café** to support those living with dementia and their carers will be held on 12th and 27th April from 1.30pm to 3.30pm at The Church Rooms, St James' Church in Wetherby. **REFERRAL ONLY - Please phone WiSE before attending on 01937 588994.** The session costs £3 for carer and person living with dementia inclusive.

Coffee Mornings –

Wetherby Methodist Church Coffee Morning is every Wednesday from 10am - 12pm.

Bramham Community Coffee Morning on the first Wednesday of the month from 10am-11.30am, at Bramham Village Hall Church Hill.

St James' Thursday Coffee Morning, every Thursday from 9.30am-11.30am in the church centre.

Thorner Coffee Morning is every Thursday, between 10am-12pm at Thorner Bungalow.

Don't forget you can book transport to take you to our WiSE activities.

For more details, to register or to book contact Jo on 01937 222066 or email transport@w-ise.org.uk

From April, there is a small price increase to take part in our activities. This is to cover the rising costs of our popular activities and events programme.

NEW!

Tea Dance



JOIN US FOR A SOCIAL AFTERNOON OF TRADITIONAL DANCE WITH TEA AND CAKE

April 27
1:30PM - 3.30PM

The Engine Shed, Wetherby
£4 including refreshments



Sponsor Ollie Beak

in the
Sue Ryder Mascot Gold Cup 2023!

WiSE's very own owl is bidding to win the biggest prize in the mascot racing world. Can he do it?

30 April • 12pm-5.30pm • Wetherby Racecourse

To sponsor Ollie, visit <https://rb.gy/b0sfer>

Funds raised will be split between WiSE and St Gemma's Hospice.

WiSE
Wetherby's Network of the City

www.w-ise.org.uk



The WiSE Owl Café at Boston Spa Village Hall is open 9.00am - 3.00pm Tuesday to Thursday.

Delicious breakfast / brunch choices
We use local butchers and suppliers for our produce. Free parking at the rear of the village hall. FREE WIFI inside.

Everyone is welcome. We are pushchair and wheelchair friendly. Our friendly staff and volunteers look forward to welcoming you.

WiSE is a Charity Commission Registered Charitable Incorporated Organisation (CIO Foundation) No. 1163698



Email: activities@w-ise.org.uk

Tel: 01937 588994