

DATE	EVENT	TIME	LOCATION	PRICE
Mon 31st				
Tues 1st	NO Welcome Café			
Wed 2nd	Move & Groove	1.15pm - 2.45pm	VENUE CHANGE - Deepdale Community Centre, Boston Spa	£4 including refreshments
Thurs 3rd	NO Knit, Natter, Craft & Chatter			
Fri 4th	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 7th	NO Walton Coffee Morning			
Tues 8th	NO Welcome Café			
	WiSE goes to the Movies - Mission: Impossible - Dead Reckoning (Part One)	10.30am	Wetherby Cinema	£5 TICKET ONLY - see overleaf
Weds 9th	Move & Groove	1.15pm - 2.45pm	VENUE CHANGE - Deepdale Community Centre, Boston Spa	£4 including refreshments
	WiSE Memory Cafe	1.30pm - 3.30pm	The Church Rooms, St James' Church, Wetherby	£4 including refreshments - REFERRAL ONLY
Thurs 10th	NO Knit, Natter, Craft & Chatter			
Fri 11th	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 14th				
Tues 15th	Welcome Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Weds 16th	Move & Groove	1.15pm - 2.45pm	VENUE CHANGE - Deepdale Community Centre, Boston Spa	£4 including refreshments
	Elderberries with Alan Turner	1.30pm - 3.30pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Thurs 17th	Knit, Natter, Craft & Chatter - Latch Hook Cushions	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 18th	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments
Mon 21st				
Tues 22nd	Welcome Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Weds 23rd	Move & Groove	1.15pm - 2.45pm	*VENUE CHANGE - Deepdale Community Centre, Boston Spa	£4 including refreshments
	WiSE Memory Cafe	1.30pm - 3.30pm	The Church Rooms, St James' Church, Wetherby	£4 including refreshments - REFERRAL ONLY
Thurs 24th	Knit, Natter, Craft & Chatter - Latch Hook Cushions	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 25th	NO Line Dancing			
Mon 28th	BANK HOLIDAY			
Tues 29th	Welcome Café	11.30am - 1.30pm	Wetherby Town Hall	ALL AGES WELCOME
Wed 30th	NO Move & Groove			
Thurs 31st	Knit, Natter, Craft & Chatter - Rock Painting	10.30am - 12.30pm	Deepdale Community Centre, Boston Spa	£4 including refreshments
Fri 1st	Line Dancing	10.15am - 12.00pm	St Joseph's Church Hall, Wetherby	£4 including refreshments

We look forward to welcoming you to our activities. Please help us deliver our services to the best of our ability and only arrive at our venues no more than 15 minutes before the event start time. If you are able to bring the correct change with you that would be a great help, too!

Welcome Cafe is a donation based cafe open to everyone, all ages, every Tuesday from 11.30am-1.30pm. It serves hot drinks, soup, rolls and cakes in a warm, safe environment at Wetherby Town Hall. **PLEASE NOTE - THERE IS NO CAFE ON 1ST & 8TH AUGUST.**

Shake your pom poms for **Move & Groove**- a fun, informal dance-based exercise class with Kat every Wednesday from 1.15pm-2.45pm. **PLEASE NOTE - THERE IS A VENUE CHANGE THIS MONTH AND SLIGHTLY LATER START DUE TO THE SCHOOL HOLIDAYS. THERE IS ALSO NO CLASS ON 30 AUGUST,**

Get the Friday feeling and start the weekend with a bang with Julie at our popular **Line Dancing** class, every Friday from 10.15am-12pm at St Joseph's Church Hall, Wetherby. £4 including refreshments. **PLEASE NOTE - THERE IS NO SESSION ON 25TH AUGUST.**

Knit, Natter, Craft & Chatter is every Thursday at Deepdale Community Centre between 10.30am-12.30pm. Different crafts each week - check the schedule for details. Feel free to bring your knitting or crochet too. £4 including refreshments. **PLEASE NOTE, THERE ARE NO SESSIONS ON 3RD & 10TH AUGUST.**

Our entertainer for August **Elderberries** is singer Alan Turner! He will be performing classics from the 50s, 60s & 70s on Wednesday 16th August between 1.30pm-3.30pm at St Joseph's Church Hall, Wetherby. Entry is £4 per person, including refreshments.

The **WiSE Memory Café** to support those living with dementia and their carers will be held on 9th and 23rd August from 1.30pm to 3.30pm at The Church Rooms, St James' Church in Wetherby. **REFERRAL ONLY - Please phone WiSE before attending on 01937 588994.** The session costs £4 for carer and person living with dementia inclusive.

WiSE goes to the Movies on Tuesday 8th August from 10.30am. This month's film is Mission: Impossible - Dead Reckoning (Part One). Tickets cost £5 which include a hot drink and a cake, but be quick, as **tickets are limited** (only 25 available). See Debbie at events to get yours. **LAST DATE TO BUY TICKETS 3RD AUGUST.**

Coffee Mornings –

Wetherby Methodist Church Coffee Morning is every Wednesday from 10am - 12pm.

Bramham Community Coffee Morning on the first Wednesday of the month from 10am-11.30am, at Bramham Village Hall Church Hill.

St James' Thursday Coffee Morning, every Thursday from 9.30am-11.30am in the church centre.

Thorner Coffee Morning is every Thursday, between 10am-12pm at Thorner Bungalow.

There are a few schedule changes this month. We always try to keep disruption of our events to a minimum. However in the summer holidays we have less resource as staff and our amazing volunteers take annual holidays.

We do apologise for any inconvenience these changes may cause.



WISE OWL CAFE CLOSED TUES 8 AUG



The WiSE Owl Café at Boston Spa Village Hall is open 9.00am - 3.00pm Tuesday to Thursday.

Delicious breakfast / brunch choices
We use local butchers and suppliers for our produce. Free parking at the rear of the village hall. **FREE WIFI** inside.

Everyone is welcome. We are pushchair and wheelchair friendly. Our friendly staff and volunteers look forward to welcoming you.

Don't forget you can book transport to take you to our WiSE activities.

For more details, to register or to book contact Jo on 01937 222066 or email transport@w-ise.org.uk

WiSE is a Charity Commission Registered Charitable Incorporated Organisation (CIO Foundation) No. 1163698



Email: activities@w-ise.org.uk

Tel: 01937 588994